# FLAX-1000

- Flax is a blue flowering plant that grows mainly in and is rich its oil seeds
- Flax seed oil is the richest plant derived with Omega 3 fatty acids
- Besides being the best source of Omega-3 fatty acids, flax seed oil is also a good source of Omega-6 and Omega-9 fatty acids

How to Consume

- 1 softgel, twice a day

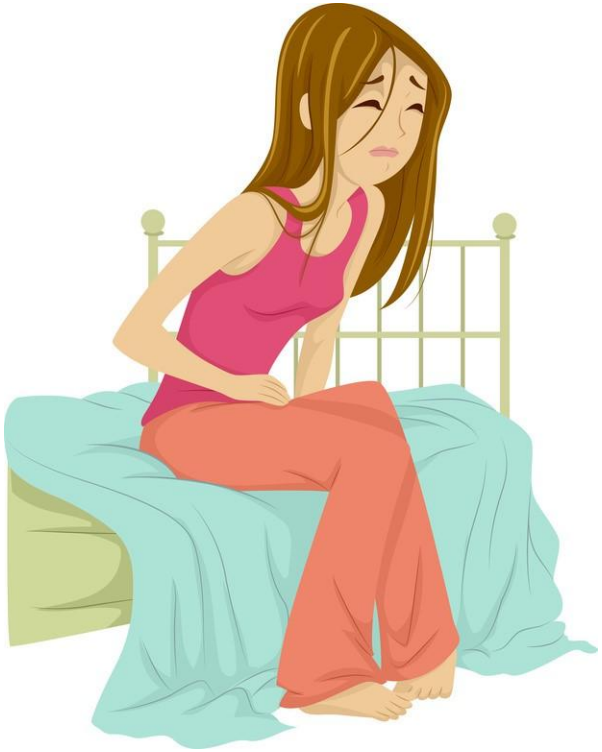
# Why flaxseed oil and not fish oil?

Flax has **high content of Omega-3** fatty acids than fish oil

Flax is **less expensive** and more stable than fish oil

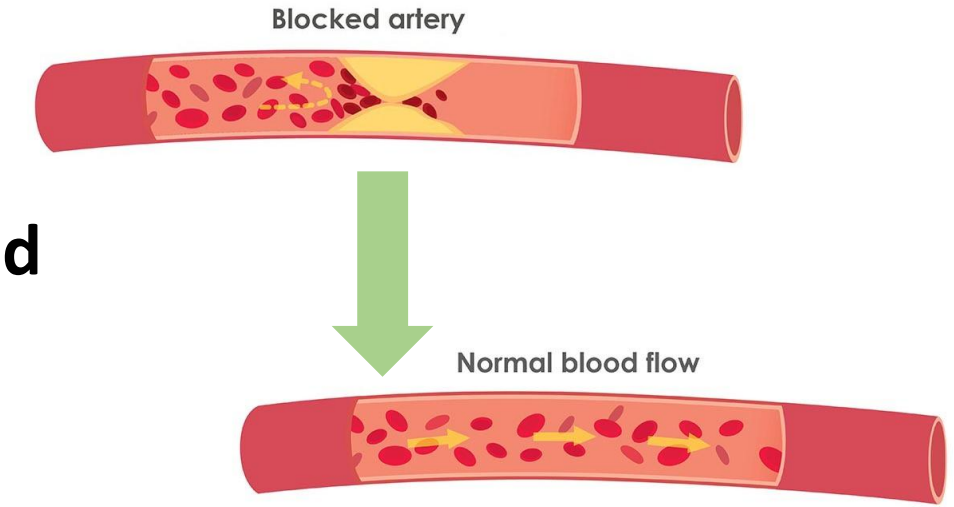
Flax does not have the risk of **heavy metal contamination**

# Benefits of FLAX-1000



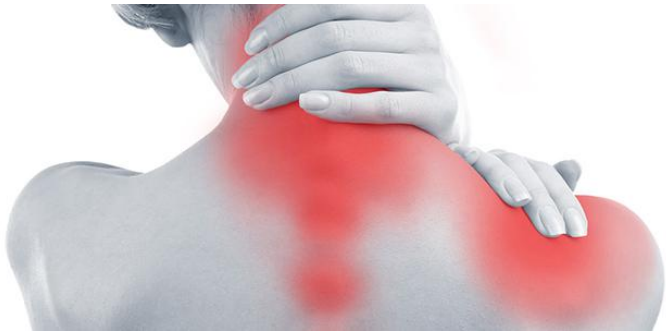
**Reduce menopause and PMS syndrome**

**Lower cholesterol level and prevent heart disease**



## Reduce inflammation

Relieve muscle and lower back pain and treat gout symptoms



## Balance hormones

Protect against hormone related cancer such as breast cancer and prostate cancer

# Unique Selling Point